

Luo Channels

Classical Chinese Medicine
to treat the suppressed emotions

Two days course with **Ann Cecil-Sterman**
hosted by Patrizia Gaio

VENICE, Italy 13-14th September 2025

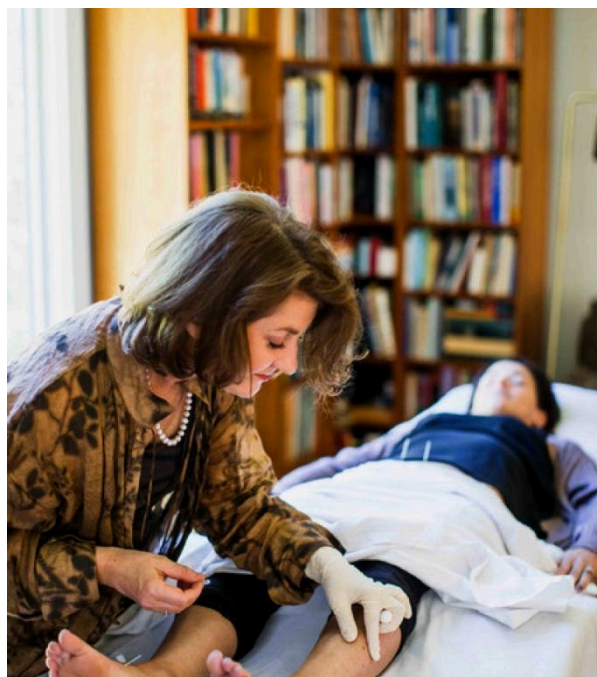
Contents of the Course

Among the hidden treasures of classical Chinese medicine is an entire system that works with the way emotions are stored in the body, and, remarkably, their treatment can be carried out with a common pharmacy lancet.

The **Luo channels**, like a library with an intricate filing system, hold **emotions that have been denied expression**. They do this as part of a deep method of visceral protection.

A class of channels often left out of Chinese medicine as it is generally practiced—the Luos are **more than a psychological system**; they provide insight into the interconnected nature of all aspects of health, identifying and linking repressed emotions and trauma with physical illness.

Freeing the Luos **releases enormous amounts of bound energy** for use elsewhere. Treatments are specific, logical, and profoundly effective.



In this weekend, Ann Cecil-Sterman will explain:

- the **mechanisms** of each Luo channel,
- **how** the Luo channels **are formed**
- **how to treat** them



Examples of visible Luo Channels

Suitable for

This class will be interesting to **people of any background** who are **seeking knowledge** about the ancient views of psycho-emotional presentations or an **effective tool for self-healing**. Therapists of any body-mind discipline who want to expand their **therapeutic and diagnostic repertoire** will also find the class compelling since this treatment requires no acupuncture needles and no deep knowledge of Chinese medicine.



About the teacher

Ann Cecil-Sterman is an internationally known **acupuncturist, teacher, and author** of several best-selling Chinese Medicine texts required in many acupuncture schools: *Advanced Acupuncture A Clinic Manual*, *The Art of Pulse Diagnosis*, *Tongue*

Diagnosis, and Illustrations of the Complete Acupuncture System. Her newest book is for the general public, *Becoming Healthy, Staying Healthy*.

Every year she teaches to students on five continents a **six months live video immersion program** in the channels that are used in acupuncture—not only to **experienced and new acupuncturists** but also to **non-acupuncturists** eager to learn and practice the essence of ancient Chinese healing. She also travels to many countries to give live teachings.

She was a **senior clinic supervisor** and for many years taught Advanced Clinical Observation and at the school of acupuncture in New York founded in 1997 by the **88th generation of the Daoist Jade Purity sect**—the great master **Jeffrey Yuen**—who was her teacher for over twenty years. Patients have come from all over the world to visit her private practice to work through illness or on personal cultivation. She lives with her family in Manhattan, New York.

For further information: www.anncecilsterman.com - [@anncecilsterman](https://www.instagram.com/anncecilsterman)

Details and registration

Location: **Istituto Canossiano San Trovaso**

Address: Fondamenta de le Romite

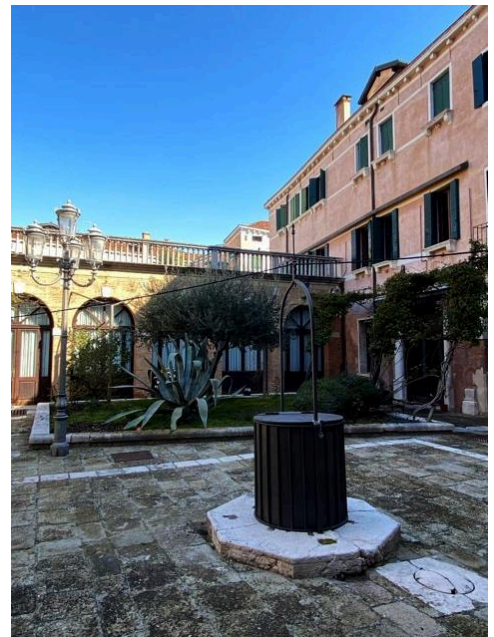
Dorsoduro 1323 – Venice, Italy

Cost €450*

** In addition to the course, brunch, refreshments, and a Qigong class are included.*

For registration and/or further info:

italy.liveclasses@gmail.com



Program

Saturday 13th September:

9:00 Registration
9:30 Class
11:30 Brunch
13:00 Class
15:00 Refreshment
15:30 Class
17:30 End of the day

Sunday 14th September:

9:00 Qigong class (optional)
10:00 Class
11:30 Brunch
12:30 Class
15:00 Refreshment
15:30 Case studies*
17:30 End of the day

* Case studies will be recorded to ensure access to the content for those who need to leave in the mid-afternoon.

The catering service will be provided by:



i.sti.tu.to
ve.ne.zia scuola di lingua
e cultura italiana
venezia e trieste
www.istitutovenezia.com

Practical information



The **Istituto Canossiano San Trovaso** is centrally located, within walking distance from both **Venice Santa Lucia train station** and **Piazzale Roma**, with an average walking time of 20–25 minutes.

As for accommodation, staying in **Mestre** or **Marghera** is a more budget-friendly option, with Venice reachable in about 10 minutes by train or bus.

Once participation is confirmed, registered attendees will receive a list of accommodation options in Venice's historic centre, which offer more convenient rates. Early booking is strongly recommended due to the high demand throughout the year.

A Telegram channel will also be made available for participants to exchange information about accommodation and potential shared lodging solutions.

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